

## Supplement Facts

Serving Size: 1 Softgel

Servings per container: 30

Amount Per Serving:	% Daily Value In Pregnancy	
---------------------	-------------------------------	--

Vitamin C (Ascorbic Acid)	55 mg	92%
---------------------------	-------	-----

Vitamin D3 (Cholecalciferol)	1000 IU	250%
------------------------------	---------	------

Vitamin E (D-Alpha-Tocopherol)	15 IU	50%
--------------------------------	-------	-----

Vitamin B6 (Pyridoxine HCl)	50 mg	2000%
-----------------------------	-------	-------

Riboflavin (Vitamin B2)	2 mg	100%
-------------------------	------	------

Vitamin B3 (Niacin)	18 mg	90%
---------------------	-------	-----

Folate (as 800 mcg Quatrefolic® (6S-5-methyltetrahydrofolic acid, glucosamine salt, molar equivalent to 432 mcg of folic acid), and 568 mcg of folic acid))	1 mg	125%
---	------	------

Iron (Carbonyl Iron)	35 mg	194%
----------------------	-------	------

Iodine (Potassium Iodide)	200 mcg	133%
---------------------------	---------	------

Magnesium (Magnesium Oxide)	5 mg	1%
-----------------------------	------	----

Algal Oil (Algal Oil, life'sDHA® S40-0400 DHA 400mg/g)	215 mg	†
---	--------	---

† Percent Daily Value not established

**Other Ingredients:** Yellow Beeswax, Sunflower Lecithin, Modified Food Starch, Carrageenan, Glycerin, Sorbitol, Purified Water, and Annatto.



**INDICATIONS AND USAGE:** TriStart™ ONE is a dietary supplement indicated to provide vitamin, mineral and DHA supplementation throughout pregnancy and in the postnatal period.

**CONTRAINDICATIONS:** TriStart™ ONE should not be used by patients with a known history of hypersensitivity to any of the listed ingredients.

### PRECAUTIONS:

**General:** TriStart™ ONE is not recommended for and should not be given to patients receiving levodopa because the action of levodopa is antagonized by pyridoxine.

**Folic Acid:** Administration of Folic Acid alone is improper therapy for pernicious anemia and other megaloblastic anemias in which vitamin B12 is deficient. Folic acid in doses above 0.1 mg daily may obscure pernicious anemia in that hematologic remission can occur while neurologic manifestations remain progressive.

**ADVERSE REACTIONS:** Adverse reactions have been reported with specific vitamins and minerals, but generally at levels substantially higher than those contained herein. Iron, even at the usual recommended levels, has been associated with gastrointestinal intolerance in some patients.

Call your doctor for medical advice about side effects. You may report side effects or obtain product information by calling Carwin Pharmaceutical Associates, LLC at 1-844-700-5011.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. In case of accidental overdose, call a doctor or poison control center immediately.

**DOSAGE AND ADMINISTRATION:** Take one (1) softgel daily, or as directed by a healthcare practitioner.

**HOW SUPPLIED:** TriStart™ ONE is available as an oval, annatto softgel capsule with an etched imprint "ONE". Supplied in a carton unit dose pack of 30 (3 child-resistant blister cards of 10 softgels each) 15370-260-30 and a professional sample 15370-260-03.

Store at 20°-25°C (68°-77°F); excursions permitted to 15°-30°C (59°-86°F) [See USP Controlled Room Temperature]. Protect from light, moisture and heat.

**Vegetarian capsule.**

**Made with Vitashine™ - a plant-derived Vegan D3 made from Lichen Extract.**

**life'sDHA® is a vegetarian source of Docosa-hexaenoic Acid (DHA).**

**KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.**

**TAMPER EVIDENT:** Do not use if seal is broken or missing.

Rx Only

Quatrefolic® is a registered trademark of Gnosis, SpA. Covered by one or more claims of U.S. Patent # 7,947,662 CAS# 1181972-37-1

Manufactured for:



Carwin Pharmaceutical Associates, LLC  
Hazlet, NJ 07730

www.carwinpharma.com

(Rev.09/2017)